

# 2021 Autism Academy Webinar Series

## Registration Form

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

County \_\_\_\_\_

Daytime phone \_\_\_\_\_

Fax \_\_\_\_\_

Email \_\_\_\_\_

School District \_\_\_\_\_

**Webinar Selections:** (please √) Webinars are from 5:30 to 7 p.m.

- Mental Health and ASD | March 16
- Planning Ahead for Crisis Management | April 20
- Parent Self-Care | May 18
- Autism 101 | June 15
- Behavior Management | July 20
- Collaborating With Schools and IEPs | August 17
- Self-Help Skills | September 21
- Grief and Loss | October 19
- Puberty and Transition | November 16

*Is the child seen at Nationwide Children's Hospital Autism Center?*

- Yes  No

**Program Fee:** \$10 per webinar

**Payment:**

- Cash  Check  Visa  MasterCard  American Express  Discover

Credit Card # \_\_\_\_\_

Name on Card \_\_\_\_\_

Billing Address \_\_\_\_\_

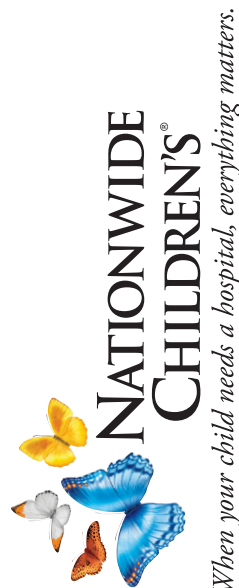
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Exp. Date \_\_\_\_\_ Amount enclosed: \$ \_\_\_\_\_

**Make checks payable to Nationwide Children's Hospital  
and mail with this form to:**

Community Education | Nationwide Children's Hospital  
700 Children's Drive, Columbus, Ohio 43205

*or register online at [NationwideChildrens.org/Edu](https://www.nationwidechildrens.org/Edu)*



Nationwide Children's Hospital  
ATTN: Community Education  
700 Children's Drive  
Columbus, OH 43205-2696

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# Autism Academy Webinar Series 2021



*When your child needs a hospital, everything matters.*

# Autism Academy Webinars 2021

Webinars are from 5:30 to 7 p.m.

## Program Description

The Autism Academy provides educational webinars for parents of children with Autism Spectrum Disorders (ASD). These sessions are open to anyone in the community interested in knowing more about autism. The program is not designed to replace ongoing treatment nor can it be geared to the specific needs of individual children.

## Mental Health and ASD

March 16

This class will review mental health concerns that are common in individuals with ASD. It will focus on treatment options for various mental health diagnoses and describe challenges related to ASD that can impact treatment.

## Planning Ahead for Crisis Management and Preparing for Police Interactions

April 20

This class will provide information about preparing for crises, identifying crisis support and alternatives to calling the police, and preparing for possible interactions with the police.

## Strategies for Parent Self-Care

May 18

This class will focus on ways parents and caregivers can cope with an ASD diagnosis, manage stress, practice self-care and promote well-being. It will include explanations and examples of coping and stress management techniques including tools derived from an Acceptance and Commitment Therapy framework.

## Autism 101: Helping Others Understand ASD

June 15

This class will focus on a general understanding of ASD, the impact of the disorder and general information about interventions. It will include ways to help others such as family members, peers and school personnel better understand ASD. Participants will learn about factors to consider when talking about the diagnosis to a child with ASD.

## Behavior Management

July 20

This class will include an overview of ABA techniques and how they are used to manage and modify problem behaviors in the home and the classroom. Participants will learn evidence-based identification, assessment, prevention and intervention strategies that maintain and enhance the well-being of individuals with behavioral problems.

## Collaborating With Schools and Navigating IEPs

August 17

This class will help families navigate the Evaluation Team Report (ETR) and Individualized Education Program (IEP) process. Whether your child already has an IEP or you are just starting the process, this presentation will help you understand the evaluation process, components of the IEP and your rights as a parent of a child with a disability.

## Self-Help Skills

September 21

This class will focus on providing basic instructional methods to help children with ASD improve their self-help and independent living skills. This class will include many skills needed from young childhood through the teen years that are often more challenging for children with ASD to acquire. This class will be taught as a global oversight, not as a child specific training.

## Supporting Individuals With ASD:

### Coping With Grief and Loss

October 19

Grief and loss can include death, divorce or illness. This class will discuss strategies caregivers can use to navigate discussions of grief and loss with individuals with ASD. This class will also explore coping strategies and activities that may assist with managing grief.

## Puberty and Transition to Adult Services

November 16

This class will provide a basic overview of changes during puberty and suggestions for navigating teenage behaviors. This class will also explore the steps needed to help families prepare for their child's transition out of high school, as well as explore services and resources available in the community.

## Registration

\$10 per webinar

## Webinar Format

The live interactive format will allow you to watch and listen to a presentation, followed by a live question and answer period with the presenter in the comfort of your own home or office.

## Confirmation

Registration confirmation will be emailed to class participants. If you do not have an email, we will mail your confirmation if registration is received two weeks before class. A webinar link will be sent to all participants the week before each class.

## Cancellation Policy

Cancellations must be received two weeks before the class. At that time, refunds will be made minus 30% for administrative costs. No refunds will be given after that time.

## Questions?

For more information about the program, please contact Nationwide Children's Hospital Community Education at (614) 355-0662. For more information about Autism Spectrum Disorders, call (614) 355-7500.



## Connect with us!

Visit our website at [NationwideChildrens.org/Edu](https://www.nationwidechildrens.org/Edu) for details on all of Nationwide Children's Hospital Community Education classes.